



# THE SMITH EST. 1916 FOUNDATION



## External Training and Development Programme

September 2023 to July 2024



## Contents:

What We Do	Page 3
Dates and How to Book	Page 3
Cancellation Policy	Page 3/4
Other Training Offers	Page 4
SEMH & The Window of Tolerance	Page 4
<b>Positive Behaviour Support Training</b>	<b>Page 4</b>
Talking Strategies to reinforce Positive Behaviour	Page 5
Team Teach – Foundation Level	Page 6
Team Teach Foundation Level Refresher Training	Page 7
Behaviour Support Reviews	Page 7
CEOP	Page 8
Working with children and young people with problematic or harmful sexual behaviour	Page 8
<b>Training Programme Dates and Times</b>	<b>Page 9/10</b>
<b>Training Course Booking Form</b>	<b>Page 11</b>



## What We Do

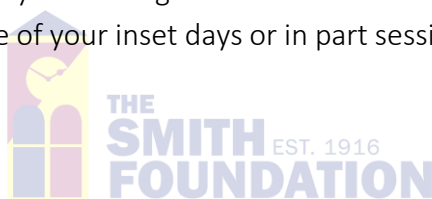
We work with children and young people across a broad spectrum of social, emotional and mental health challenges, using our knowledge, experience and expertise to help them *become the best they can be*. Improving the Quality of Life of all members of our community underpins the work that we do. We are Ofsted Outstanding in all areas and judged outstanding in our Social Care inspections on 18 consecutive occasions. We provide outstanding progress and outcomes for young people.

We have a dedicated training department that provides learning and development opportunities for our own staff and to external partners, sharing knowledge and expertise, locally, regionally, nationally and internationally. As a Centre of Excellence we delivery training to families, schools, colleges, Universities, NQT's, PRU's and Local Authorities.

All of our trainers are specialist within their field and have a wealth of knowledge and experience working in SEND settings

We deliver a range of courses throughout the academic year for external agencies at our training venue and also within our setting.

We can also deliver training in your setting at a date and time to suit you and your staff. This can either be delivered on one of your inset days or in part sessions as 'twilight' training at the end of the school day.



### Dates and How to Book

A full list of dates and times for the pre-arranged training sessions are at the back of this training programme. To book a place on a pre-arranged course, please complete the booking form at the end of this training programme and e-mail it to:- [holly.rigg@thesmithfoundation.org.uk](mailto:holly.rigg@thesmithfoundation.org.uk)

If you wish to book training in your setting, please contact Holly Rigg on 01484 710123 or alternatively contact on the above e-mail address.

## Cancellation Policy

Names on course bookings can be changed without any charge. Please give us at least 24 hours notice, in order that registers and certificates can be amended accordingly.

If you wish to cancel your place on a course, please give at least 3 working days' notice, there will be no charge for cancellation at this time. After this time, cancellations will be charged at 50% of the course fee. If no notice is received, you will be charged at 100% of the course fee.

## Other Training Offers

We are able to offer Makaton Levels 1, 2, 3 & 4 through our internal trainer. Chelsea Singh delivers throughout The Smith Foundation and this has been in high demand.

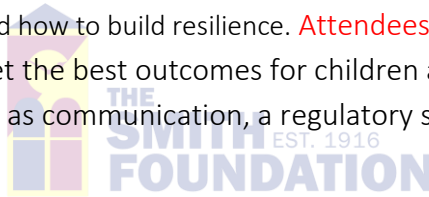
If you would be interested in this training being delivered in your setting, please contact Holly to enquire with your interest and dates can be looked into for your setting.

### Social, Emotional & Mental Health & The Window of Tolerance

including

#### Speech and Language & Occupational Therapy Strategies

Focusing on practical trauma informed advice and using Daniel Siegel's concept of a 'Window of Tolerance', this training reinforces the value of observation and reflection, to identify when children and young people are at their best and when they may require additional support. Practical takeaway strategies will be offered to support an understanding of children and young people's social emotional and mental health and how to build resilience. **Attendees** will be encouraged to be curious about behaviour to get the best outcomes for children and young people's mental health, focusing on behaviour as communication, a regulatory strategy and a symptom of need.



Learning outcomes include:

- What is the Window of Tolerance
- How can we recognise our own and others window of tolerance
- Speech, Language and Communication and the window of tolerance
- Sensory and Physical Regulation and the window of tolerance
- Strategies

If you would like to discuss this further or book the training within your setting, please contact [holly.rigg@thesmithfoundation.org.uk](mailto:holly.rigg@thesmithfoundation.org.uk) for costings and availability.

## Positive Behaviour Support Training

### Talking Strategies to reinforce Positive Behaviour

This training looks behind behaviour, particularly in terms of communication between children and adults. It looks at the best verbal and non-verbal means of communication to avoid conflict and how to de-escalate situations in order to prevent physical interventions.

This is key training in order to enable staff to deal with behaviour management issues in the classroom today.

Topics covered include:-

- Positive Reinforcement
- Eye Contact
- Physical Proximity
- Simple Definitions
- Planned Ignoring
- Natural Consequences
- Time Out
- Repair and Rebuild

This training is delivered in 3 hours (half day session) and can be delivered in your setting to an unlimited amount of staff at a cost of £500 per 3 hour session.



## Team Teach – Foundation Level

Aimed at low-risk Service Settings (Mainstream Primary/Secondary Schools, Nurseries, Children’s Hospitals, Elderly Care etc), this course covers personal safety, risk reduction strategies, positive handling, together with documentation and legal guidance.

### This is organised into 8 modules:-

**Module 1** – Background to Team Teach

**Module 2** – The Legal Framework

**Module 3** – Understanding Aggression

**Module 4** – How Feelings Drive Behaviours

**Module 5** – De-escalation and Diffusion

**Module 6** – Personal Safety

**Module 7** – Positive Handling (Mainly guiding and escorting safety – if a great degree of holding is required please refer to the 12 hour Basic Course)

**Module 8** – Repair, Reflection and Review

Participants will receive a course work book and certificate. Certification of this course is valid for 3 years.

This training is delivered in 6 hours (full day session) at a cost of £110 per person. (Lunch is provided at training held by WHSS – dates at back of programme)

It can also be delivered in your setting to the following numbers of staff:-

Maximum of 12 delegates – 6 hour session	£999 (1 trainer)
Maximum of 24 delegates – 6 hour session	£1399 (2 trainers)

This can be delivered in either of the following ways:-

Up to 12 staff = 1 x full day (6 hour session) (1 trainer)	£999
Up to 24 staff = 1 x full day (6 hour session) (2 trainers)	£1399
Up to 12 staff = 3 x 2 hour twilight sessions (1 trainer)	£1349
Up to 12 staff = 2 x 3 hour twilight sessions (1 trainer)	£1199
24 staff = 2 x 3 hour twilight sessions (2 trainers)	£1499
24 staff = 3 x 2 hour twilight sessions (2 trainers)	£1549

## Team Teach Refresher

In order to maintain certification of Team Teach, refresher training should be undertaken every 3 years for level 1 training and level 2 must be every 2 years (prior to your certificate expiring).

You must have your previous certificate with you at the training in order to gain re-certification, without this we cannot recertify the training. This certificate must be in date for within 3 years for level 1 training and 2 years for level 2 training.

This training is delivered in 3 hours (half day session) at a cost of £80 per person (dates at back of programme)

It can also be delivered in your setting to the following numbers of staff:-

Maximum of 12 delegates – 3 hour session	£650 (1 trainer)
Maximum of 24 delegates – 3 hour session	£950 (2 trainers)

## Behaviour Support Reviews

We offer full behaviour support reviews in your setting, this includes 1 day reading and planning, 1 day in your school and report writing and feedback to your setting, complete with action points.

Positive behaviour support reduces the likelihood of behaviour that challenges.

The overall aim of behaviour support reviews is to improve the quality of support offered to children by improving the knowledge and understanding of staff to enable them to provide the right support for a child, at the right time.

This is delivered through the SPC at a cost of £500, please contact Sarah Wynne to book this support [Sarah.Wynne@thesmithfoundation.org.uk](mailto:Sarah.Wynne@thesmithfoundation.org.uk) .

## CEOP

The School is now certified in the 'Thinkuknow' CEOP safeguarding training and able to deliver this to other settings. CEOP Ambassadors can deliver the bespoke Thinkuknow Introduction Course – a series of modules for CEOP Ambassadors to deliver to other professionals.

The CEOP Thinkuknow course lasts three hours and provides an in-depth look at:

- Introduction to CEOP and reporting
- How children and young people use the internet, social media and online technologies
- The nature of online sexual offending against children and young people
- Dealing with incidents of youth produced sexual imagery
- How to deliver strong preventative education on online sexual abuse and exploitation across age groups

### **Working with children and young people with problematic or harmful sexual behaviour**

Organisations are becoming increasingly aware of the prevalence of peer-on-peer abuse. A third of those who have sexually abused a child are under the age of 18, making this an important safeguarding issue. This is an especially difficult issue to deal with because it is not always easy to tell the difference between normal sexual exploration and abusive behaviour. Children, particularly in the younger age groups, may engage in such behaviour with no knowledge that it is wrong or abusive. This two-hour training course will provide professionals with a sound understanding of developmentally appropriate sexual behaviour and practical skills for those working with students who may display problematic or harmful sexual behaviour.

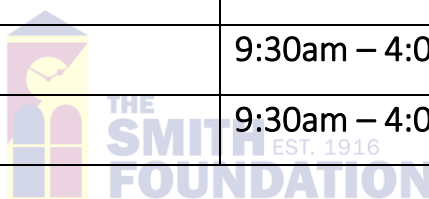
**This training is delivered in 1 ½ hours a cost of £55 per person. (Training held by WHSS – dates are at back of programme)**

**For further information on CEOP and Working with children and young people with problematic or harmful sexual behaviour please contact Holly Rigg.**



## Training Programme – Dates and Times

Positive Behaviour Support Training – <b>Places are limited</b>	
Team Teach – Foundation Level - £110 per person	
Date	Time
Thursday 28 <sup>th</sup> September 2023	9:30am – 4:00pm
Thursday 19 <sup>th</sup> October 2023	9:30am – 4:00pm
Thursday 16 <sup>th</sup> November 2023	9:30am – 4:00pm
Thursday 7 <sup>th</sup> December 2023	9:30am – 4:00pm
Thursday 18 <sup>th</sup> January 2024	9:30am – 4:00pm
Thursday 7 <sup>th</sup> March 2024	9:30am – 4:00pm
Thursday 18 <sup>th</sup> April 2024	9:30am – 4:00pm
Thursday 16 <sup>th</sup> May 2024	9:30am – 4:00pm
Thursday 13 <sup>th</sup> June 2024	9:30am – 4:00pm
Thursday 11 <sup>th</sup> July 2024	9:30am – 4:00pm



Team Teach Foundation Level – Refresher - £80 per person	
Date	Time
Thursday 14 <sup>th</sup> December 2023	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 25 <sup>th</sup> January 2024	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 11 <sup>th</sup> April 2024	9:00am – 12 noon 1:00pm – 4:00pm
Thursday 9 <sup>th</sup> May 2024	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 6 <sup>th</sup> June 2024	9:00am – 12 noon or 1:00pm – 4:00pm
Thursday 4 <sup>th</sup> July 2024	9:00am – 12 noon or 1:00pm – 4:00pm

CEOP (Thinkuknow) £55 per person
----------------------------------

Date	Time
Monday 16 <sup>th</sup> October 2023	9:00am - 10:30am
Monday 22 <sup>nd</sup> January 2024	9:00am – 10:30am
Monday 22 <sup>nd</sup> April 2024	9:00am – 10:30pm

Working with children and young people with problematic or harmful sexual behaviour (PSB) £55 per person

Date	Time
Monday 25 <sup>th</sup> September 2023	9:00am – 10:30am
Monday 26 <sup>th</sup> February 2024	9:00am – 10:30am
Monday 10 <sup>th</sup> June 2024	9:00am – 10:30am





## Training Course Booking Form

<u>Course Details</u>	<u>Date</u>	<u>Time</u>
<b>Organisation Contact, Address and Invoice Details</b>		
	<b>Contact Details</b>	<b>Invoicing Details (if different)</b>
Contact Person		
Role		
Organisation Name		
Type of Organisation		
Address Line 1		
Address Line 2		
Address Line 3		
County		
Post Code		
Tel		
Email		
<b>Attendee Information</b>		
<b>Attendee 1</b>	Name:	Email:
	Role in Organisation:	
<b>Attendee 2</b>	Name:	Email:
	Role in Organisation:	
<b>Attendee 3</b>	Name:	Email:
	Role in Organisation:	
<b>Attendee 4</b>	Name:	Email:
	Role in Organisation:	
<b>Attendee 5</b>	Name:	Email:
	Role in Organisation:	
<b>Attendee 6</b>	Name:	Email:
	Role in Organisation:	

**Please return form via email to:**

[holly.rigg@thesmithfoundation.org.uk](mailto:holly.rigg@thesmithfoundation.org.uk)